



413-549-0077

<http://amherst.deliveryexpress.com>

La Vera Cruzana Amherst

Appetizers

Calabacitas con Crema	\$9.99
<i>Served with corn chips or corn tortillas.</i>	
Chips & Guacamole	\$6.00
ChilRel Queso	\$14.99
ChilRel Rez	\$16.99
Guacamole with Chorizo	\$9.99
<i>Served with corn chips</i>	
Queso Fundido Chix	\$15.99
<i>Chihuahua cheese dip served with chips and guacamole.</i>	
Queso Fundido Chor	\$15.99
<i>Chihuahua cheese dip served with chips and guacamole.</i>	
Nacho -with MEAT feeds 2 to 4 people	\$16.99
Nachos-feeds 2 to 4	\$12.99
<i>The best nachos in the valley, our chips are covered in our refried & black beans, & cheese, then topped with our pico de gallo (Onions, tomatoes, cilantro) and a side of sour cream.</i>	
Mexican Shrimp Appetizer	\$13.99
<i>Shrimp in a tangy tomato sauce with onions and cilantro. Served with avocado.</i>	
Stuffed Jalapenos Appetizer	\$7.99
<i>Grilled jalapenos stuffed with cheese, onions, and topped with bacon.</i>	
Totopos Chips - Large	\$3.50
<i>Chips served with salsa</i>	
Totopos Chips - Small	\$2.00
<i>Chips served with salsa</i>	
Platanos Fritos w/ sour cream	\$7.99
<i>Fried plantains</i>	
Yuca	\$7.99
<i>Latin potato served with cabbage, tomato, and enchilada sauce.</i>	

Sopa: Soups

Sopa Azteca	\$7.99
<i>A yummy chicken and tortilla soup garnished with guacamole and sierra cheese.</i>	
Sopa Specials	
<i>Call to find out the seasonal special</i>	

Ensaladas: Salads

Ensalada Primavera	\$8.99
<i>A wonderful light Veracruz style salad with mixed greens, jicama, mandarin oranges, and cilantro, tossed with gazpacho dressing.</i>	
House Salad	\$6.99
<i>A mixture of greens, cucumber, tomatoes, carrots, and olives. Your choice of dressing and additions.</i>	

Side Orders

Side of Black Beans	\$2.45
Side of Grilled Jalapenos	\$0.50
Side of Guacamole (Large)	\$4.75

Taquitos

Taquitos Rez (2)	\$11.99
Taquitos Rez (6)	\$14.99
Taquitos Pollo (Chicken) (2)	\$11.99
Taquitos Pollo (Chicken) (6)	\$14.99
Taquitos MIX (2)	\$11.99
Taquitos MIX (6)	\$14.99
Taquitos Papa (2)	\$11.99
Taquitos Papa (6)	\$14.99

Quesadillas

Made with corn tortillas.

Beef Quesadilla	\$7.50
Carne Asada Quesadilla	\$9.00
Quesadilla Spinach	\$7.50
SINC Calabacitas Quesadilla	\$7.99
Quesadilla Nopal	\$7.50
Calabacitas & Corn Quesadilla	\$7.99
Quesadilla Rez	\$8.99
Cheese Quesadilla	\$5.99
Spinach Quesadillas	\$8.99
Chicken Quesadilla	\$9.00
Chorizo Quesadilla	\$8.99

Tamales

Tamales Chicken	\$15.50
<i>Two Mexican tamales w Chicken. Served with rice, beans, and guacamole.</i>	
Tamales Beef	\$15.50
Tamales CAL	\$15.50
Tamales MIX	\$15.50

Mexican Favorites

Sample Plate	\$14.99
Quesos Calabacitas	\$13.99
<i>Chihuahua cheese dip served with chips and guacamole..</i>	
Carnitas	\$15.99
<i>Pork, rice, beans, guacamole, and plantain in a corn tortilla.</i>	
Enfrijoladas	\$11.99
<i>Three (3) lightly fried corn tortillas dipped in a black bean puree and filled with cheese, served with choice of rice and beans.</i>	
Fajitas	\$15.00
<i>Served with 3 flour tortillas, cheese, lettuce, pico de gallo, sour cream, guacamole,</i>	
Huevos Rancheros	\$12.99
<i>Two (2) lightly fried corn tortillas topped with two eggs and sauteed in our own mild salsa. Served with beans and rice and tortillas.</i>	
Pupusas	\$11.99
<i>Two grilled corn masa cakes filled with either cheese and pork or cheese, beans and loroco. Served with a side of red sauce and fresh coleslaw.</i>	
Pollo En Mole	\$14.99
Pollo a la Vera	\$14.99

Kids & Single Item

S Taco Bean -Single	\$3.50
S Taco Chicken -Single	\$4.50
S Taco Beef -Single	\$3.50
S Taco Potato -Single	\$3.50
KIDS Bean Taco	\$5.00
KIDS Beef Taco	\$5.00
KIDS Chicken Taco	\$5.00

Family Meals

Includes: 2 bags of chips and a pint of mild salsa

(12) Tamales Frijoles BEAN	\$55.00
Family Taco Bar -Grilled Chicken	\$60.00
<i>Includes: Rice Beans Lettuce Chz, 6 Corn Tortillas and 6 Flour tortillas</i>	
(12) Tamales MIX	\$55.00
(12) Tamales CHICKEN	\$55.00
Family Taco Bar -Grilled Steak	\$70.00
<i>Includes: Rice Beans Lettuce Chz, 6 Corn Tortillas and 6 Flour tortillas</i>	
Family Taco Bar - Shredded Beef	\$50.00
<i>Includes: Rice Beans Lettuce Chz, 6 Corn Tortillas and 6 Flour tortillas</i>	
Family Taco Bar - Shredded Chicken	\$50.00
<i>Includes: Rice Beans Lettuce Chz, 6 Corn Tortillas and 6 Flour tortillas</i>	
Family Burrito Bowl - Shredded Chicken	\$35.00
<i>Includes: Beans, rice, lettuce and cheese</i>	
Family Burrito Bowl - Shredded Beef	\$35.00
<i>Includes: Beans, rice, lettuce and cheese</i>	
Family Burrito Bowl - Grilled Steak	\$55.00
<i>Includes: Beans, rice, lettuce and cheese</i>	
Family Burrito Bowl - Grilled Chicken	\$45.00
<i>Includes: Beans, rice, lettuce and cheese</i>	

Beverages

Horchata	\$4.49
Bottled Water	\$1.50
Limonada Drink	\$4.49
Bottled Coke 20oz	\$3.50
HELLO Water	\$3.00
San Pelligrino	\$2.75
Hibiscus Drink	\$4.49
Boylan Cherry Drink	\$3.00
Mango Drink	\$4.49
Fanta Soda	\$3.00
Pure Leaf Iced Yea	\$2.50
Nantucket Nectar Drink	\$3.00
Melon Drink	\$4.49
Tamarindo	\$4.49

Side of Guacamole (Small)	\$3.25
Side of Pico de Gallo	\$1.00
Side of Potatoes & Carrots	\$5.00
Side of Refried Beans	\$2.45
Side of Rice	\$2.45
Side of ESCABECHE	\$0.50
Side of Rice & Beans	\$5.00
<i>choose black or refried beans.</i>	
Side of Mole	\$1.00
Side of Soft Flour Tortillas (3)	\$1.00
Side of Sour Cream	\$0.95
Side of Corn Tortillas (3)	\$1.00
Large sour cream	\$1.50

Seafood Specialties

Camarones Mojo Shrimp	\$23.99
<i>Shrimp sauteed in butter, garlic, lemon juice, served over rice with a small salad. Choice of salad dressing.</i>	
Huachinango a la Veracruzana	\$21.99
<i>Red snapper sauteed with tomatoes, onions, green olives, cilantro, a bit of jalapeno and peppercorns, served with black beans, fried plantains, and yuca.</i>	
Shrimp Cocktail Entree	\$16.00
<i>Like the appetizer, but entree size. Shrimp in a tangy tomato sauce with onions and cilantro with avocado. Served with crackers.</i>	

Desserts

Flan	\$6.99
<i>homemade custard w/ caramel.</i>	
Tres Leches	\$5.49
<i>Light cake soaked in a sweet milk mixture.</i>	

Salsas

Salsa Borracha	
<i>Made with enchilada sauce, chile Chipotle, and beer.</i>	
Salsa Diablo	
<i>Enchilada sauce, fresh habanero and onions</i>	
Salsa Tomatillo	
<i>Tomatillos, habanero and onion</i>	
Jalapenos en Escabeche	\$0.50
<i>Jalapenos, carrots, onions and vinegar.</i>	
Pint of Hot Salsa	\$5.00
Pint of Mild Salsa	\$5.00
Pint of Guacamole	\$10.00

Sincronizadas

An American-style quesadilla made with flour tortillas.

Beef Sincronizadas	\$8.99
Cheese Sincronizadas	\$5.99
Steak Sincronizadas	\$9.99
Calabacitas & Corn	\$8.99
Sincronizadas	
Grilled Chicken Sincronizadas	\$9.00
Chorizo Sincronizadas	\$8.99
Nopal Sincronizadas	\$7.50
Carne asada Sincronizadas	\$9.00
Quasad Miex Sincronizadas	\$7.50
Spinach Sincronizadas	\$7.50

Tostadas

Served with lettuce, tomato, and cheese.

tostada Nopal	\$7.99
Bean Tostada	\$8.99
Carne Asada Tostada	\$10.99
Pollo Asada Tostada	\$9.99

<i>Grilled boneless chicken breast, jalapenos sauteed with onions, tomatoes, cilantro, and lemon. Served with beans, rice, tortillas.</i>	
Pork Chop Dinner	\$16.95
<i>Chihuahua cheese dip served with chips and guacamole.</i>	
Durango Plate	\$22.99
<i>Grilled steak (Carne Asada), served with beans, fried potatoes, guacamole, corn tortillas, and one homestyle cheese enchilada.</i>	
Mar y Tierra Plate	\$24.99
<i>Carne asada (grilled steak) and four large shrimp sauteed in a garlic butter and lemon sauce. Served with rice, beans, and plantains.</i>	

Arroz Frijoles

Arroz y Frijoles	\$5.00
Frijoles	\$2.45
Frijoles w/ Meal	\$2.45
S Arroz	\$2.45
S Arroz w/ Meal	\$2.45
S frijoles Negro w/ Meal	\$2.45
S Frijoles Negro	\$2.45
W/ Arroz y Frijoles	\$5.00
Add Sour Cream	\$0.75

Enchiladas

Cheese Enchiladas	\$12.99
<i>Two (2) lightly fried corn tortillas dipped in our homemade enchilada sauce, filled with cheese. Served with refried beans and rice. Another great vegetarian dish.</i>	
Beef Enchiladas	\$14.99
<i>Two (2) lightly fried corn tortillas dipped in our homemade enchilada sauce, filled with our slowed cooked pulled beef and cheese. Served with refried beans and rice.</i>	
Chicken Enchiladas	\$14.99
<i>This is certainly one of the house favorites. Two (2) lightly fried corn tortillas dipped in our homemade enchilada sauce, filled with chicken and cheese served with refried beans and rice.</i>	

Mixed Enchilada Dish	\$13.50
<i>Two (2) lightly fried corn tortillas filled with cheese and dipped in enchilada sauce, served with rice and choice of beans. Choice of filling.</i>	
Shrimp Enchiladas	\$17.99
<i>Two (2) corn tortillas dipped in our homemade enchilada sauce stuffed with cheese and shrimp prepared in cilantro, onion, tomato and served with rice and beans.</i>	
Spinach Enchiladas	\$14.99
<i>Two (2) lightly fried corn tortillas dipped in our homemade enchilada sauce, filled with our cooked spinach, garlic, onions and cheese, served with refried beans and rice.</i>	
Mushroom Enchiladas	\$12.50
<i>Enchiladas come with refried beans and rice. Pick your sauce: Enchilada, mole or tomatillo</i>	
Cactus Leaf Enchiladas	\$14.99
<i>Vegetarian - Two (2) lightly fried corn tortillas dipped in our homemade enchilada sauce, filled with our cooked cactus leaf, and cheese Served with refried beans and rice.</i>	
Potato and Carrot Enchilada	\$14.99
<i>Enjoy this vegetarian option, Two (2) lightly fried corn tortilla stuffed with potato, carrots and cheese. Dipped in our homemade enchilada sauce served with refried beans and</i>	

Tacos

Each order comes with two tacos.

Bean Tacos	\$6.99
<i>Served lettuce, tomato, and cheese.</i>	
Steak Tacos	\$9.99
Potato & Carrot Tacos	\$6.99
<i>Served with lettuce and tomato.</i>	
Grilled Chicken Tacos	\$9.99
Shredded Chicken Tacos	\$8.99
<i>Served with lettuce and tomato.</i>	
Shredded Beef Tacos	\$8.99
<i>Served with onions and cilantro.</i>	
Pollo Asada Tacos	\$9.99
<i>Grilled chicken, served with lettuce and tomato.</i>	
Carne Asada Tacos	\$9.99
<i>Grilled beef, served with onions and cilantro.</i>	
Al Pastor Tacos	\$9.49
Pork Tacos	\$11.99
<i>Served with cilantro and onions.</i>	
Tacos de Lengua	\$9.99
<i>Beef tongue, served with cilantro and onions.</i>	
Cactus Leaf Tacos	\$8.99
<i>Served with lettuce and tomato.</i>	
Chorizo Tacos	\$8.99
<i>Served with lettuce and tomato.</i>	
Choriza & Egg Tacos	\$8.99
<i>Served with lettuce and tomato.</i>	
Shrimp Tacos	\$11.99
<i>Shrimp sauteed with tomatoes and onions in a red sauce with lettuce and tomato.</i>	
Martin's Fish Tacos	\$11.99
<i>Served with cod, cabbage, tomato, cilantro, and spicy mayo.</i>	
Mahi Mahi Taco	\$11.99
<i>Served with Mahi Mahi with avocado salsa, cabbage, and tomatoes.</i>	
Kimchi Tacos	\$11.99
<i>Served with cod, kimchi, cilantro, and spicy mayo.</i>	

Burritos & Bowls

All burritos served with rice, beans, cheese, and lettuce.

Bean Burrito	\$8.99
Spinach Burrito	\$11.50
Cactus Burrito	\$11.50
Calabacitas Burrito	\$11.50
Chicken Burrito	\$10.99
Grilled Chicken Burrito	\$13.99
Carne Asada Burrito	\$12.50
Chorizo Burrito	\$11.50
Chorizo & Egg Burrito	\$11.50
Fish Burrito	\$15.99
Shrimp Burrito	\$15.99
Pollo Asada Burrito	\$11.50
Pork Burrito	\$13.99
Steak Burrito	\$13.99
Potato & Carrot Burrito	\$8.99
Beef Burrito	\$10.99

Tortas: Sandwiches

Chicken Torta	\$13.99
<i>Grilled chicken with beans, guacamole, and served with a salad.</i>	
Fish Torta	\$13.99
<i>Lightly breaded cod, cole slaw and guacamole. Served with totopos (chips) on the side.</i>	
Steak Torta	\$13.99
<i>Grilled steak with beans, guacamole, and served with a salad.</i>	

Grilled Chicken Tostada	\$10.99
Potato & Carrot Tostada	\$7.99
Pulled Beef Tostada	\$8.99
Pulled Chicken Tostada	\$8.99
Tostada Frij	\$7.99

<i>rice.</i>	
Cinco de Mayo Special	\$19.49
Enchiladas	
<i>Two (2) lightly fried corn tortillas dipped in our homemade enchilada sauce, filled with our slowed cooked pulled beef and cheese. Served with refried beans and rice.</i>	
Enchiladas de Domingo	\$13.99
<i>Three (3) lightly fried corn tortillas dipped in salsa borracha, queso, sierra cheese, and onions, served with choice of beans and rice.</i>	
Suiza Potato & Carrot	\$14.99
Enchilada	
<i>Enjoy this vegetarian option, Two (2) lightly fried corn tortilla stuffed with potato, carrots and cheese. Dipped in our homemade suiza (Mexican cream)sauce served with refried beans and rice.</i>	
Suiza Chicken Enchilada	\$16.99
<i>Two (2) lightly fried corn tortillas dipped in our homemade suiza (Mexican Cream) sauce, filled with chicken and cheese served with refried beans and rice.</i>	
Suiza Beef Enchilada	\$14.99
<i>Two (2) lightly fried corn tortillas dipped in our homemade suiza (Mexican Cream) sauce, filled with beef and cheese served with refried beans and rice.</i>	